

# **Come and find out about our new classes at the Centre!**

**Open day 8th December 2018**

We are delighted to have a number of free introductory classes taking place at the Centre on Saturday 8<sup>th</sup> December.

Please find contact details below should you wish to register your interest;

## ***Isabelle Ashe Dance Classes***

*Ballet & Dance 9am – 9.45am*

Email - [isabelleashe1@gmail.com](mailto:isabelleashe1@gmail.com)

Tel 086 4405504

## ***Helena McElroy Yoga***

*Stress buster Yoga 10am – 10.45am*

Email [helenamcelroy@hotmail.com](mailto:helenamcelroy@hotmail.com)

Tel 086 165 2436