

# focus on sunday

Christ is no farther away than the people we meet every day. His cry for help is heard in the needs of the poor, homeless, and those rejected by society. Help us to hear and respond to His cry.



*In Receiving, we Give*



Students at exam time put a lot of other things aside to get to their goal. We do the same for what we feel is really important in our lives – family, sport, health, among others.

This is the message of Jesus, to be single-minded in our following of him, following through on what we say and do.

We admire commitment in people, sticking at something. If they fail, they get up again.

We should also be single-minded in giving and in noticing the needs of others. We are concerned about others for their own sake and for Jesus's sake.

Giving the cup of cold water is what the servant did. We look for people's needs and try to give something.

We are people not be thrown aside by any whim or even a good intention. Jesus was the one who would ask 'what would my Father want?'. That was his goal.

Ours – what would Jesus do? Often we don't know. Then we ask what would real love do? Then we know!

Donal Neary SJ, Editor Sacred Heart Messenger



I tell you solemnly, he will most certainly not lose his reward.'

**The Gospel of the Lord.**  
**Praise to you Lord Jesus Christ.**

**NICENE CREED**

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,**

*All bow for following three lines:*

**and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church.**

**I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

**LITURGY OF THE EUCHARIST**

**PRAYER OVER THE OFFERINGS**

O God, who graciously accomplish the effects of your mysteries, grant, we pray, that the deeds by which we serve you may be worthy of these sacred gifts. Through Christ our Lord.

**AFTER THE CONSECRATION**

*The mystery of faith.*  
**Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.**

**COMMUNION ANTIPHON**

**Bless the Lord, O my soul, and all within me, his holy name.**

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**RESPONSORIAL PSALM Ps. 88:2-3, 16-19**

**R. I will sing for ever of your love, O Lord.**

1. I will sing for ever of your love, O Lord; through all ages my mouth will proclaim your truth.

Of this I am sure, that your love lasts for ever, that your truth is firmly established as the heavens. **[R]**

2. Happy the people who acclaim such a king; who walk, O Lord, in the light of your face, who find their joy every day in your name, who make your justice the source of their bliss. **[R]**

3. For it is you, O Lord, who are the glory of their strength; it is by your favour that our might is exalted: for our ruler is in the keeping of the Lord; our king in the keeping of the Holy One of Israel. **[R]**

**SECOND READING Romans 6:3-4. 8-11**

**A reading from the letter of St Paul to the Romans**

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life. But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

**The word of the Lord. Thanks be to God.**

**GOSPEL ACCLAMATION**

**Alleluia, alleluia! Open our heart, O Lord, to accept the words of your Son. Alleluia!**

**GOSPEL Matthew 10: 37-42**

**A reading from the holy Gospel according to Matthew**

Jesus instructed the Twelve as follows: 'Anyone who prefers father or mother to me is not worthy of me. Anyone who prefers son or daughter to me is not worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.

'Anyone who welcomes you welcomes me; and those who welcome me welcome the one who sent me.

'Anyone who welcomes a prophet because he is a prophet will have a prophet's reward; and anyone who welcomes a holy man because he is a holy man will have a holy man's reward.

If anyone gives so much as a cup of cold water to one of these little ones because he is a disciple, then

**ENTRANCE ANTIPHON**

**All peoples, clap your hands. Cry to God with shouts of joy!**

**PENITENTIAL ACT**

You were sent to heal the contrite of heart: Lord, have mercy. **Lord, have mercy.**

You came to call sinners: Christ, have mercy. **Christ, have mercy.**

You are seated at the right hand of the Father to intercede for us: Lord, have mercy. **Lord, have mercy.** May almighty God have mercy on us....



**THE GLORIA**

**Glorify to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father you take away the sins of the world:**

**have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father have mercy on us;**

**For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**



**OPENING PRAYER**

O God, who through the grace of adoption chose us to be children of light, grant, we pray, that we may not be wrapped in the darkness of error but always be seen to stand in the bright light of truth. Through our Lord Jesus Christ.....

**LITURGY OF THE WORD**

**FIRST READING 2 Kings 4:8-11. 14-16**

**A reading from the second book of the Kings**

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. Let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.' One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked.

Gehaz, his servant, answered, 'Well, she has no son and her husband is old.' Elisha said, 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.

**The word of the Lord. Thanks be to God.**