

The Holy Trinity look down on our world and see that many people, old and young, rich and poor, are lost and need God's presence. Thus they send Jesus among us, the one who saves us, who is God's love and companion among us.



When you want to understand or appreciate a mystery of our faith, you can read about it, sing about it, you can wonder about it. You can also look at art or pictures about it. Trinity Sunday involves us in a mystery we cannot understand.

It is interesting that many of the pictures are icons which have a great closeness of the Father, the Son and the Holy Spirit together. One image has the Father surrounding the crucifixion of Jesus his Son, giving comfort and consolation, with the dove flying around Jesus with closeness also. There is another picture - a famous icon where the Trinity are having a meal, and there's an empty place at the meal. This is a place for you and me.

The feast of the Trinity remembers the love of Father, Son and Holy Spirit. It also remembers the love of the Trinity for us - that they looked down from heaven and the people whom they love needing salvation, and love that comes from the love of the Father, Son and Holy Spirit. Saint Ignatius puts it that they looked down and saw us wandering away from the truth, needing love and comfort in our lives; people on the wrong road to happiness and they saw people mistreating each other, so they sent their Son with their message of love. In the humanity of Jesus, the divine and the human unite in a very real way.

When we make the sign of the cross in the name of the Trinity we remember Father, Son and Holy Spirit, close to us from morning till night.

Donal Neary SJ, Editor Sacred Heart Messenger.



the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

LITURGY OF THE EUCHARIST

PRAYER OVER THE OFFERINGS

Sanctify by the invocation of your name, we pray, O Lord our God, this oblation of our service, and by it make of us an eternal offering to you. Through Christ our Lord.

AFTER THE CONSECRATION

The mystery of faith. Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

COMMUNION ANTIPHON

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

PRAYER AFTER COMMUNION

May receiving this Sacrament, O Lord our God, bring us health of body and soul, as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord.

'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today, so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps. 32:4-6. 9. 18-20. 22

R. Happy the people the Lord has chosen as his own.

- The word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. (R)
- By his word the heavens were made, by the breath of his mouth all the stars. He spoke; and they came to be. He commanded; they sprang into being. (R)
- The Lord looks on those who revere him on those who hope in his love, to rescue their souls from death, to keep them alive in famine. (R)
- Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you. (R)

SECOND READING Romans 8: 14 - 17

A reading from the letter of St. Paul to the Romans
Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and co-heirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is, who was, and who is to come. Alleluia!

GOSPEL Matthew 28: 16 - 20

A reading from the holy Gospel according to Matthew.

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

The Gospel of the Lord. Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ,



ENTRANCE ANTIPHON

Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.

PENITENTIAL ACT

Lord Jesus, you came to gather the nations into the peace of God's kingdom:

Lord, have mercy. Lord, have mercy.

You come in word and sacrament

to strengthen us in holiness:

Christ, have mercy. Christ, have mercy.

You will come in glory with salvation

for your people:

Lord, have mercy. Lord, have mercy.

May almighty God have mercy on us,

forgive us our sins,

and bring us to everlasting life. Amen.

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you,

we adore you, we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us;

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ, with the Holy Spirit,

in the glory of God the Father. Amen.



OPENING PRAYER

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ,.....

LITURGY OF THE WORD

FIRST READING Deuteronomy 4: 32- 34.39 - 40

A reading from the book of Deuteronomy

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors - all this that the Lord your God did for you before your eyes in Egypt?